VOCI

Vancouver Obsessional Compulsive Inventory (VOCI)

The VOCI is a self-report questionnaire designed to measure the severity and variety of obsessive-compulsive symptoms. It makes it possible to assess several dimensions of obsessive-compulsive disorder (OCD), including the extent of obsessional thoughts and compulsive rituals, as well as other associated symptoms such as checking, contamination, order and symmetry.

Number of questions	55 questions
Estimated duration	15 minutes
Language	English
Original name	Vancouver Obsessional Compulsive Inventory
Target audience	Adults
Authors	David J. Thordarson, Christine Radomsky, Kieron Olatunji, Mark B. Sullivan, Steven Taylor (2004)
Category	OCD

Preview of the 55 questions

I feel compelled to check letters over and over before mailing them.

Not at all | A little | Some | Much | Very much

I am often upset by my unwanted thoughts of using a sharp weapon.

Not at all | A little | Some | Much | Very much

I feel very dirty after touching money.

Not at all | A little | Some | Much | Very much

I find it very difficult to make even trivial decisions.

Not at all | A little | Some | Much | Very much

I feel compelled to be absolutely perfect.

Not at all | A little | Some | Much | Very much

Scoring & interpretation

Each item is rated on a Likert scale (0 to 4). Scores are added up to obtain a total score and scores for each subscale: checking, contamination, order/symmetry, unacceptable thoughts, superstition and hoarding. Clinical cutoffs can be used to guide diagnosis and the monitoring of progress.