

Vineland Adaptive Behavior Scales (VABS)

The Vineland Adaptive Behavior Scales (VABS) assess people's adaptive functioning, including communication, daily living, socialization and motor skills. This test is mainly administered as a semi-structured interview or as a questionnaire completed by a relative (parent, caregiver), allowing information to be gathered about the person's behavior in everyday life.

Number of questions	297 questions
Estimated duration	60 minutes
Language	English
Original name	Vineland Adaptive Behavior Scales
Target audience	Children, adolescents, adults
Authors	Sara S. Sparrow, David A. Balla, Domenic V. Cicchetti (1984)
Category	General

Preview of the 297 questions

Communication Domain - Receptive Subdomain

Looks toward parent or caregiver when hearing parent's or caregiver's voice.

2 - Usually | 1 - Sometimes | 0 - Never

Communication Domain - Receptive Subdomain

Looks toward parent or caregiver who is gesturing to get his/her attention.

2 - Usually | 1 - Sometimes | 0 - Never

Communication Domain - Receptive Subdomain

Responds upon hearing his/her name called (for example, turns toward speaker, smiles).

2 - Usually | 1 - Sometimes | 0 - Never

Communication Domain - Receptive Subdomain

When parent or caregiver looks or points at something, looks in that direction.

2 - Usually | 1 - Sometimes | 0 - Never

Communication Domain - Receptive Subdomain

Understands at least 10 words.

Scoring Tip: Score 2 for Yes or 0 for No.

Yes | No

Scoring & interpretation

Item responses are coded according to how often the described behaviors occur and are then converted into standard scores for each domain (communication, daily living skills, socialization, motor skills). The scores provide an overview of the level of adaptive functioning, with the possibility of interpreting each domain separately.

Usage

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