

Sensory Profile Checklist Revised (SPCR)

The SPCR (or PSP-R) is a clinical checklist for identifying sensory and perceptual functioning, mainly used with people with autism spectrum disorder. It explores in detail sensory processing differences by modality (vision, hearing, touch, taste, smell, vestibular, proprioception) and by different response profiles, such as hyperreactivity, hyporeactivity, fluctuations, sensory overload, or certain perceptual differences. It is mainly useful for structuring the clinical interview, objectively documenting the observations of the people around the individual, and guiding hypotheses for individualized accommodations. It is more a clinical profiling tool than a standardized psychometric test, and its interpretation must be integrated into a comprehensive assessment.

Number of questions	232 questions
Estimated duration	30 minutes
Language	English
Original name	Sensory Profile Checklist Revised
Target audience	Individuals with ASD
Authors	Olga Bogdashina (2003)
Category	Autism spectrum

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each item is scored based on observed or reported behaviors, then grouped by sensory modality and by type of perceptual response. Interpretation is qualitative and profile-based, identifying areas of heightened sensitivity, under-responsiveness, variability, and overload, as well as triggering situations. There is no diagnostic total score or universally accepted normative cutoff; the results mainly serve to guide clinical analysis and accommodations.

Are you a psychologist?

With Mentaal, get meaningful insights to support your patients.

- Standardized tests
- Automatic scoring
- Results sent by email

Try it for free

See all questionnaires

★★★★★

“I've been using Mentaal for 2 months now, and this tool has revolutionized the way I see care, and my schedule!”

 Romane L. - Online CBT Psychologist