SOGS

South Oaks Gambling Screen (SOGS)

The SOGS is a self-report questionnaire used to screen for and measure the severity of pathological gambling behaviors in adults. It helps guide diagnosis and assess the need for clinical intervention. This test is based on DSM-III-R criteria and has been widely used in research and clinical practice because of its simplicity and validity.

Number of questions	20 questions
Estimated duration	10 minutes
Language	English
Original name	South Oaks Gambling Screen
Target audience	Adults
Authors	Henry R. Lesieur, Sheila B. Blume (1987)
Category	Addictions

Preview of the 20 questions

When you gamble, how often do you go back another day to win back money you have lost?

Never | Some of the time (less than half the time I lose) | Most of the times I lose | Every time I lose

Have you ever claimed to be winning money gambling, but weren't really? In fact, you lost?

Never | Yes, less than half the time I lost | Yes, most of the time

Do you feel you have ever had a problem with betting or money gambling?

No | Yes | Yes, in the past, but not now

Did you ever gamble more than you intended to?

Yes | No

Have people criticized your betting or told you that you had a problem, regardless of whether or not you thought it was true?

Yes No

Scoring & interpretation

Each affirmative answer to certain questions denotes the presence of problematic gambling behaviors and is scored at one point per answer. A score of 5 or more suggests a pathological gambling problem. Lower scores may indicate a risk or a less severe gambling problem.