

Coopersmith Self-Esteem Inventory (SEI)

The Coopersmith Self-Esteem Inventory is a psychological assessment tool used to measure a person's level of self-esteem. It is intended for various populations and helps clinicians better understand how a person perceives their own personal worth. It is a self-report questionnaire that the participant can complete independently.

Number of questions	58 questions
Estimated duration	20 minutes
Language	English
Original name	Coopersmith Self-Esteem Inventory
Target audience	Children and adults
Authors	Stanley Coopersmith (1984)
Category	Self-esteem

Scoring & interpretation

Responses are scored so as to reflect an overall self-esteem score. Each positive answer contributes to a higher self-esteem score.

Usage

This tool isn't available on Mentaal. To use this questionnaire in your practice, you need a valid license. We invite you to send it directly from the publisher's website.

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