

RIASEC Career Interest Test (RIASEC)

The RIASEC test, or Holland Occupational Themes test, assesses a person's career preferences according to 6 personality types: Realistic, Investigative, Artistic, Social, Enterprising and Conventional.

Number of questions	300 questions
Estimated duration	20 minutes
Language	English
Original name	RIASEC Test
Target audience	Adults
Authors	John L. Holland (1959)
Category	General

Preview of the 300 questions

Planting and tending trees, shrubs, or flowers, or cultivating the soil.

This activity appeals to me | This activity does not appeal to me or leaves me indifferent

Sewing.

This activity appeals to me | This activity does not appeal to me or leaves me indifferent

Doing electrical or electronic repairs.

This activity appeals to me | This activity does not appeal to me or leaves me indifferent

Repairing cars.

This activity appeals to me | This activity does not appeal to me or leaves me indifferent

Making things out of wood.

This activity appeals to me | This activity does not appeal to me or leaves me indifferent

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

The score is obtained by assigning points to each personality type based on the answers. The types with the highest scores indicate the most suitable occupational fields.

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- Automatic scoring
- Results sent by email

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“Mentaal has truly simplified my online practice, thanks to automatic scoring and seamless questionnaire sending.”

Basile R. - Clinical Psychologist