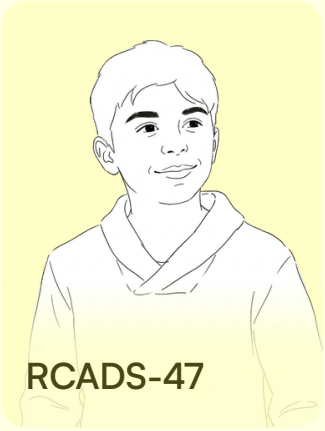


Revised Child Anxiety and Depression Scale (RCADS-47)

The RCADS-47 is a self-report questionnaire designed to assess symptoms of anxiety and depression in children and adolescents. It measures different types of anxiety disorders (panic disorder, generalized anxiety disorder, obsessive-compulsive disorder, social phobia, specific phobia, major depressive disorder) according to DSM criteria, thus offering a detailed clinical overview of emotional disorders in young people.

Number of questions	47 questions
Estimated duration	15 minutes
Language	English
Original name	Revised Child Anxiety and Depression Scale
Target audience	Children and adolescents (aged 8 to 18)
Authors	Bruce F. Chorpita, Sergio E. P. Moffitt, Timothy M. Gray (2000)
Category	Depression, Anxiety, Childhood

Preview of the 47 questions

I worry about things.

Never | Sometimes | Often | Always

I feel sad or empty.

Never | Sometimes | Often | Always

When I have a problem, I get a strange feeling in my stomach.

Never | Sometimes | Often | Always

I worry when I think I have done something badly.

Never | Sometimes | Often | Always

I would be afraid to be alone at home.

Never | Sometimes | Often | Always

Administer your questionnaires online

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View the questionnaire on mentaal.org ›

Scoring & interpretation

Each item is scored from 0 (never) to 3 (always). The responses are summed to obtain six subscale scores, a total anxiety score and an overall anxiety and depression score.

Each raw score is then converted into a T-score, which places the child relative to young people of the same sex and age. A T-score of 50 corresponds to the mean, 65 to the borderline threshold and 70 to the clinical threshold, above which clinically significant anxiety or depressive symptoms are likely.

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“Reliable, relevant assessments to better understand my patients' psychological state”

Benjamin G. - Occupational Psychologist