PSS-A

Paykel Suicide Scale - Adolescent Version (PSS-A)

The Paykel Suicide Scale - Adolescent Version (PSS-A) is a quick self-report tool designed to detect the presence and severity of suicidal thoughts and associated behaviors in adolescents. This questionnaire is often used during psychological follow-up or in school settings to quickly identify at-risk youth and guide interventions.

Number of questions	5 questions
Estimated duration	3 minutes
Language	English
Original name	Paykel Suicide Scale - Adolescent Version
Target audience	Adolescents
Authors	E.S. Paykel, M.B. Myers, C. Lindenthal, J.G. Tanner (1980)
Category	Childhood

Preview of the 5 questions

In the last year:

Have you felt that life is not worth living?

Yes No

In the last year:

Have you wished you were dead? For example, going to sleep and wishing you would not get up.

Yes No

In the last year:

Have you thought about taking your life even if you weren't really going to?

Yes No

In the last year:

Have you reached the point where you considered actually taking your own life or you made plans about how you would do it?

Yes No

In the last year:

Have you tried to take your own life?

Yes No

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each item is scored from 0 to 1 or 2 points depending on the degree of presence or frequency of past suicidal ideation and behaviors. The total score ranges from 0 to 9. A high score indicates increased severity of suicidal thoughts or behaviors and calls for a thorough clinical evaluation.

Are you a psychologist?

With Mentaal, get meaningful insights to support your patients.

- Standardized tests
- Automatic scoring
- Results sent by email

Try it for free

See all questionnaires

★★★★★

“Mentaal has truly simplified my online practice, thanks to automatic scoring and seamless questionnaire sending.”

Basile R. - Clinical Psychologist