PSDQ

Parenting Styles and Dimensions Questionnaire (PSDQ)

The PSDQ is a self-report questionnaire designed to assess parenting styles according to the three main categories of child-rearing: authoritarian, authoritative, and permissive. It helps clarify the different dimensions of parenting practices in order to guide psychoeducational intervention or research.

Number of questions	32 questions
Estimated duration	10 minutes
Language	English
Original name	Parenting Styles and Dimensions Questionnaire
Target audience	Parents of children
Authors	Robinson, Russell, & Hart (1995)
Category	Parenting

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each item is rated from 1 (never) to 5 (always). Scores are grouped according to the three parenting styles: authoritarian, authoritative, and permissive. The parent's profile is determined based on the mean scores obtained in each dimension. Higher scores in a dimension indicate a predominance of that parenting style.

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“Skeptical at first, I now can't do without this tool in my practice.”

 Elodie C. - CBT Psychologist