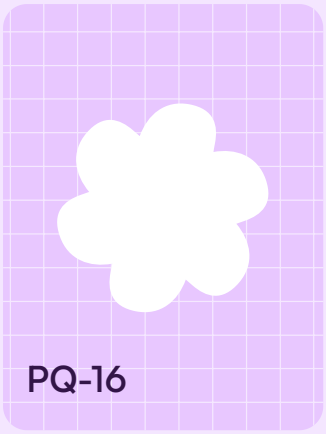


Prodromal Questionnaire-16 (PQ-16)

The PQ-16 is a screening tool used to identify prodromal symptoms, which are potential early warning signs of psychotic disorders in individuals. It is designed for early identification in order to initiate early intervention.

Number of questions	16 questions
Estimated duration	10 minutes
Language	English
Original name	Prodromal Questionnaire, Brief Version
Target audience	Adolescents and adults
Authors	Ising, Stephanie, Lincoln, Tania, Schütz, Coral (2012)

Preview of the 16 questions

I feel uninterested in the things I used to enjoy.

If true, rate how distressing it is: None (0), Mild (1), Moderate (2), Severe (3).

True False

I often seem to live through events exactly as they happened before (déjà vu).

If true, rate how distressing it is: None (0), Mild (1), Moderate (2), Severe (3).

True False

I sometimes smell or taste things that other people can't smell or taste.

If true, rate how distressing it is: None (0), Mild (1), Moderate (2), Severe (3).

True False

I often hear unusual sounds like banging, clicking, hissing, clapping, or ringing in my ears.

If true, rate how distressing it is: None (0), Mild (1), Moderate (2), Severe (3).

True False

I have been confused at times whether something I experienced was real or imaginary.

If true, rate how distressing it is: None (0), Mild (1), Moderate (2), Severe (3).

True False

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Each item is rated on a binary scale (true/false). A total score is calculated by summing all "True" answers, and high scores suggest an increased likelihood of a psychotic prodrome, requiring a more in-depth clinical assessment.

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Laura V. - Online Psychologist