PDI-21

Peters et al. Delusions Inventory (PDI-21)

The Peters et al. Delusions Inventory (PDI-21) is a self-report questionnaire designed to measure the prevalence and intensity of delusional beliefs, even in the general population. It includes items assessing ideas of reference, persecutory ideas and bizarre beliefs, and also makes it possible to quantify the conviction, distress and preoccupation associated with each belief.

Number of questions	21 questions
Estimated duration	10 minutes
Language	English
Original name	Peters et al. Delusions Inventory
Target audience	Adults, general population
Authors	Emmanuelle Peters, Daniel Slade, Max Birchwood (1999)

Preview of the 21 questions

Do you ever feel as if people seem to drop hints about you or say things with a double meaning?

Yes No

Do you ever feel as if things in magazines or on TV were written especially for you?

Yes No

Do you ever feel as if some people are not what they seem to be?

Yes No

Do you ever feel as if you are being persecuted in some way?

Yes No

Do you ever feel as if there is a conspiracy against you?

Yes No

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Scoring & interpretation

Each question is answered yes/no. For each item answered "yes", the participant then rates on scales from 1 to 5 the intensity of their conviction, distress and preoccupation. This yields a total score (number of "yes" answers) and subscores for conviction, distress and preoccupation.

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