

PTSD Checklist - Specific Version (PCL-S)

The PCL-S is used to screen for posttraumatic stress disorder (PTSD). It was created in 1993 by Weathers F.W. et al., based on the DSM-IV diagnostic criteria. It is derived from the PCL-C (civilian version) and the PCL-M (military version), but focuses on a specific event.

Number of questions	17 questions
Estimated duration	4 minutes
Language	English
Original name	Posttraumatic Checklist Scale
Category	PTSD

Preview of the 17 questions

Repeated, disturbing memories, thoughts, or images of the stressful experience?

Not at all | A little bit | Moderately | Quite a bit | Extremely

Repeated, disturbing dreams of the stressful experience?

Not at all | A little bit | Moderately | Quite a bit | Extremely

Suddenly acting or feeling as if the stressful experience were happening again (as if you were reliving it)?

Not at all | A little bit | Moderately | Quite a bit | Extremely

Feeling very upset when something reminded you of the stressful experience?

Not at all | A little bit | Moderately | Quite a bit | Extremely

Having physical reactions (e.g., heart pounding, trouble breathing, or sweating) when something reminded you of the stressful experience?

Not at all | A little bit | Moderately | Quite a bit | Extremely

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

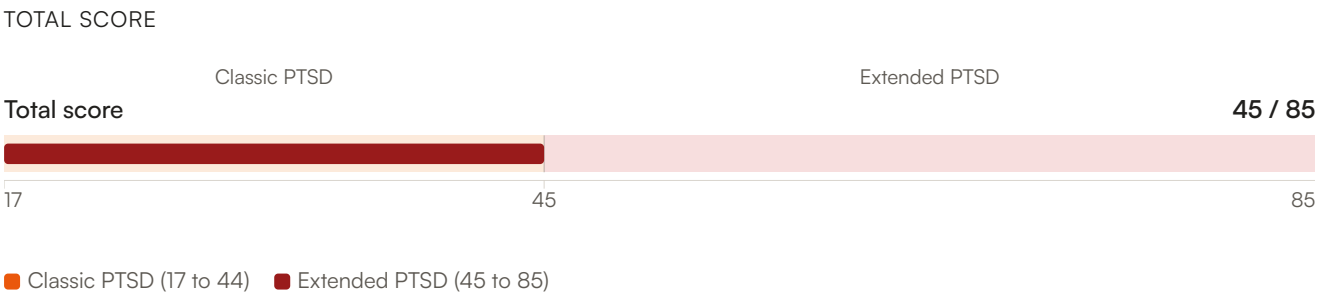
Scoring example

Scoring

Score: 45/85

17 — 44	Classic PTSD
45 — 85	**Extended PTSD** ◀ 45

Intrusion score: 12/25 (48%)
Avoidance score: 18/35 (51%)
Hyperarousal score: 15/25 (60%)



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