

Positive and Negative Syndrome Scale (PANSS)

The PANSS is a clinical assessment instrument used to measure the severity of positive and negative symptoms in patients with schizophrenia. It also includes an assessment of the general symptoms associated with the disorder. The clinician rates each item on a scale from 1 to 7, based on a structured clinical interview and direct observation.

Number of questions	30 questions
Estimated duration	45 minutes
Language	English
Original name	Positive and Negative Syndrome Scale
Target audience	Adults with schizophrenia
Authors	Stanley R. Kay, Abraham Fiszbein, Lewis A. Opler (1987)

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each item is rated from 1 (absent) to 7 (extreme). Three subscales (positive, negative, general) are obtained by adding up the scores of the corresponding items. Total scores make it possible to estimate overall severity, as well as the balance between positive and negative symptoms.

Usage

This tool is not available on Mentaal. To access this questionnaire, please visit the website of the official distributor, Mapi Research Trust, and submit a request on ePROVIDE™

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“Mentaal has become an indispensable ally for structuring my assessments and deepening my clinical understanding of my patients.”

 Nolwenn P. - CBT Psychologist