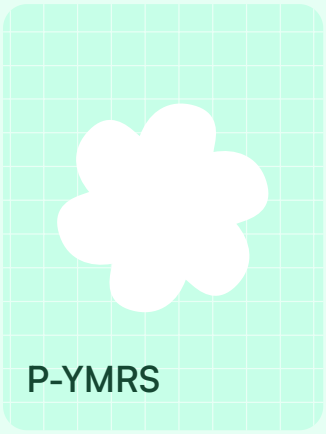


Parent Version of the Young Mania Rating Scale (P-YMRS)

The P-YMRS is a brief questionnaire completed by a parent or caregiver to identify and quantify the intensity of manic symptoms in children and adolescents. It notably explores elevated or irritable mood, increased energy, decreased sleep, accelerated speech and thinking, unusual thought content, aggressiveness, appearance and insight. In clinical practice, it is mainly used as a screening tool and for monitoring symptom changes when pediatric bipolar disorder or mood instability is suspected. It is quick to administer, which makes it useful in outpatient practice, child psychiatry and research. It cannot establish a diagnosis on its own and must always be interpreted together with the clinical interview, the developmental history and contextual information.

Number of questions	11 questions
Estimated duration	4 minutes
Language	English
Original name	Parent Version of the Young Mania Rating Scale
Target audience	Children and adolescents
Authors	Barbara L. Gracious, Eric A. Youngstrom, Robert L. Findling, Joseph R. Calabrese (2002)
Category	Mood disorders

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

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Scoring & interpretation

The questionnaire comprises 11 items. Items 1, 2, 3, 4, 7, 10 and 11 are rated from 0 to 4. Items 5, 6, 8 and 9 are weighted and rated from 0 to 8. The total score is obtained by summing the highest score retained for each item, for a total ranging from 0 to 60. The higher the score, the more significant the manic symptomatology reported by the parent. In screening, a score of around 18 or more is a warning sign warranting an in-depth diagnostic assessment, without being sufficient to confirm bipolar disorder.

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