OII

Obsessive Intrusions Inventory (OII)

The Obsessive Intrusions Inventory assesses the frequency, distress, and perceived control of intrusive obsessional thoughts in adults. It helps appraise the intrusive nature of certain mental contents frequently encountered in obsessive-compulsive disorder (OCD) and in the general population. The tool contains statements covering different themes of obsessional intrusions. It can help differentiate normal from pathological intrusions.

Number of questions	52 questions
Estimated duration	15 minutes
Language	English
Original name	Obsessive Intrusions Inventory
Target audience	Adults
Authors	Jane F. Purdon, Mark H. Clark (1993)
Category	OCD

Preview of the 52 questions

Rate how often you have had each of the following intrusive thoughts, images or impulses.

Driving into a window

0 - I have never had this thought | 1 | 2 | 3 | 4 | 5 | 6 - I have this thought frequently during the day

Rate how often you have had each of the following intrusive thoughts, images or impulses.

Running a car off the road

0 - I have never had this thought | 1 | 2 | 3 | 4 | 5 | 6 - I have this thought frequently during the day

Rate how often you have had each of the following intrusive thoughts, images or impulses.

Hitting animals or people with a car

0 - I have never had this thought | 1 | 2 | 3 | 4 | 5 | 6 - I have this thought frequently during the day

Rate how often you have had each of the following intrusive thoughts, images or impulses.

Swerving into traffic

0 - I have never had this thought	1	2	3	4	5	6 - I have this thought frequently during the day

Rate how often you have had each of the following intrusive thoughts, images or impulses.

Smashing into objects

0 - I have never had this thought	1	2	3	4	5	6 - I have this thought frequently during the day

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each question is rated on a scale of frequency (never to very often), perceived distress (none to extreme), and difficulty of control (none to extreme). The scores are totaled to provide an overall measure of the frequency and impact of obsessional intrusions. Scoring cutoffs can be used to identify clinical profiles.

Are you a psychologist?

With Mentaal, get meaningful insights to support your patients.

- Standardized tests
- Automatic scoring
- Results sent by email

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See all questionnaires

★★★★★

“Skeptical at first, I now can't do without this tool in my practice.”

Elodie C. - CBT Psychologist