OCI-R

Obsessive-Compulsive Inventory (OCI-R)

The OCI-R is a self-report questionnaire used to detect obsessive and compulsive symptoms and measure their severity. It includes several subscales corresponding to the dimensions frequently observed in obsessive-compulsive disorder (OCD), such as washing, checking, ordering, obsessing, rumination, and hoarding.

Number of questions	18 questions
Estimated duration	10 minutes
Language	English
Original name	Obsessive-Compulsive Inventory
Target audience	Adults
Authors	Foa, E.B., Huppert, J.D., Leiberg, S., Langner, R., Kichic, R., Hajcak, G., Salkovskis, P.M. (2002)
Category	OCD

Preview of the 18 questions

How much has that experience distressed or bothered you during the past month?

I have saved up so many things that they get in the way.

Not at all | A little | Moderately | A lot | Extremely

How much has that experience distressed or bothered you during the past month?

I check things more often than necessary.

Not at all | A little | Moderately | A lot | Extremely

How much has that experience distressed or bothered you during the past month?

I get upset if objects are not arranged properly.

Not at all | A little | Moderately | A lot | Extremely

How much has that experience distressed or bothered you during the past month?

I feel compelled to count while I am doing things.

Not at all | A little | Moderately | A lot | Extremely

How much has that experience distressed or bothered you during the past month?

I find it difficult to touch an object when I know it has been touched by strangers or certain people.

Not at all | A little | Moderately | A lot | Extremely

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Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each item is scored from 0 to 4 (0 = Not at all to 4 = Extremely). The sum of the scores provides an overall intensity score, and a score can also be calculated for each subscale. A total score of 21 or more suggests the probable presence of clinically significant OCD.

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 Laura V. - Online Psychologist