

McLean Screening Instrument for Borderline Personality Disorder (MSI-BPD)

The MSI-BPD is a self-report questionnaire designed for the rapid screening of borderline personality disorder (BPD). It contains 10 items covering the main criteria for BPD according to the DSM-IV. The tool makes it possible to identify people who are likely to have borderline personality disorder and who require an in-depth clinical evaluation.

Number of questions	10 questions
Estimated duration	5 minutes
Language	English
Original name	McLean Screening Instrument for Borderline Personality Disorder
Target audience	Adults
Authors	Mary C. Zanarini, Frances R. Vujanovic, John Hennen, Garrett Fitzmaurice, Glen O. Gunderson, Cynthia L. Philip, Mary C. Marino (2003)
Category	Personality disorders

Preview of the 10 questions

Have any of your closest relationships been troubled by a lot of arguments or repeated breakups?

No Yes

Have you deliberately hurt yourself physically (e.g. punched yourself, cut yourself, burned yourself)? How about made a suicide attempt?

No Yes

Have you had at least two other problems with impulsivity (e.g. eating binges and spending sprees, drinking too much and verbal outbursts)?

No Yes

Have you been extremely moody?

No Yes

Have you felt very angry a lot of the time? How about often acted in an angry or sarcastic manner?

No Yes

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each item is scored with a yes or no answer. A score of 7 or more positive answers strongly suggests the probable presence of borderline personality disorder. This tool does not establish a diagnosis but points toward a more thorough evaluation.

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- Standardized tests
- Automatic scoring
- Results sent by email

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★★★★★

“It's a real plus in sessions to assess the patient, and a very rich basis for discussion to deepen the clinical work.”

Elodie C. - CBT Psychologist