

Mini International Neuropsychiatric Interview (MINI)

The MINI is a structured diagnostic interview used to identify the main psychiatric disorders according to DSM-IV and ICD-10 criteria. It is widely used in clinical and research settings for its reliability and speed.

Number of questions	120 questions
Estimated duration	30 minutes
Language	English
Original name	Mini International Neuropsychiatric Interview
Target audience	Adults and adolescents
Authors	D. Sheehan, J. Janavs, R. Baker, K.H. Sheehan, E. Knapp, M. Sheehan (1990)
Category	General

Preview of the 120 questions

Have you felt sad, empty, or hopeless most of the day, nearly every day, for two weeks?

In the past month, have you had an accident?

This includes accidentally taking too much of your medication.

Have you ever had a period when you felt "euphoric" or so full of energy that it got you into trouble?

Have you, on more than one occasion, had sudden bouts of panic or unease in which you suddenly felt anxious, very frightened, uncomfortable, or worried, even in situations where most people would not feel that way?

Are you anxious or uneasy in places (or situations) where it could be difficult to get help, or from which it would be difficult to escape, if you had a panic attack or embarrassing symptoms?

For example: being in a crowd or standing in line, being in an open space or crossing a bridge, being in an enclosed space, being alone away from home or alone at home, or traveling by bus, train, car, or public transportation?

Scoring & interpretation

Each section of the MINI corresponds to a specific diagnosis. The answers to the questions determine whether the criteria for a specific diagnosis are met, according to DSM-IV and ICD-10. The health professional uses the answers to assess and confirm potential diagnoses.

Usage

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