MDQ-A

Mood Disorder Questionnaire - Adolescent Version (MDQ-A)

The MDQ-A is a self-administered screening tool designed to detect symptoms of bipolar disorder in adolescents. It helps identify manic and hypomanic episodes as well as the co-occurrence of symptoms, thereby improving early recognition of mood disorders in this population.

Number of questions	13 questions
Estimated duration	5 minutes
Language	English
Original name	Mood Disorder Questionnaire - Adolescent Version
Target audience	Adolescents
Authors	Robert M.A. Hirschfeld, Michael B. Keller, Susan L. Bell, Mark A. Keck, Paul E. Frye (2007)

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

The MDQ-A includes 13 questions about manic/hypomanic symptoms, followed by questions on whether these symptoms occurred at the same time and on their functional impact. A positive screen is usually obtained if at least 7 answers are positive, if the co-occurrence of symptoms is reported, and if a moderate to marked impact on daily life is reported. It is a screening tool, not a diagnostic one.

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 Laura V. - Online Psychologist