

Multidimensional Anxiety Scale for Children (MASC-2)

The MASC-2 is a standardized self-report questionnaire for measuring and understanding the different aspects of anxiety in children and adolescents. It includes several subscales assessing different dimensions, such as social anxiety, separation anxiety, physical fears, and school performance.

Number of questions	50 questions
Estimated duration	15 minutes
Language	English
Original name	Multidimensional Anxiety Scale for Children
Target audience	Children and adolescents
Authors	John S. March (2013)
Category	Anxiety, Childhood

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each item is rated on a Likert-type scale from 0 to 3. Raw scores are calculated for each subscale, then converted into standardized scores according to age and sex. High scores indicate a greater presence of anxiety symptoms. Scores are interpreted according to clinical cutoffs to determine the severity of anxiety.

Usage

This tool isn't available on Mentaal. To use this questionnaire in your practice, you need a valid license. We invite you to send it directly from the publisher's website.

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“Mentaal has become an indispensable ally for structuring my assessments and deepening my clinical understanding of my patients.”

 Nolwenn P. - CBT Psychologist