

Modified Checklist for Autism in Toddlers (M-CHAT)

The M-CHAT-R/F is an early autism screening tool designed to identify young children at increased risk of autism spectrum disorder (ASD). It consists of a questionnaire completed by parents, followed by a follow-up interview for at-risk cases, in order to increase screening accuracy.

Number of questions	20 questions
Estimated duration	10 minutes
Language	English
Original name	Checklist for Autism in Toddlers
Target audience	Children (16-30 months)
Authors	Diana L. Robins, Deborah Fein, Marianne Barton (2014)
Category	Parenting, Autism spectrum

Preview of the 20 questions

When you point to something on the other side of the room, does your child look at it? (for example: if you point to a toy or an animal, does your child look at that toy or animal?)

Yes No

Have you ever wondered whether your child could be deaf?

Yes No

Does your child play make-believe? (for example: pretending to drink from an empty cup, to talk on the phone, or to feed a doll or a stuffed animal?)

Yes No

Does your child like to climb on things? (for example: furniture, outdoor play structures, stairs)

Yes No

Does your child make unusual movements with their fingers close to their eyes? (for example: does your child flutter their fingers close to their eyes?)

Yes | No

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each question is answered yes/no. Some answers indicate an at-risk score for autism. A total score of 3 or higher requires follow-up (a complementary interview); if the score remains high after the follow-up, a thorough diagnostic evaluation is recommended.

Usage

This tool isn't available on Mentaal. To use this questionnaire in your practice, you need a valid license. We invite you to send it directly from the publisher's website.

Are you a psychologist?

With Mentaal, get meaningful insights to support your patients.

- Standardized tests
- Automatic scoring
- Results sent by email

Try it for free | See all questionnaires

★★★★★

“Skeptical at first, I now can't do without this tool in my practice.”

Elodie C. - CBT Psychologist