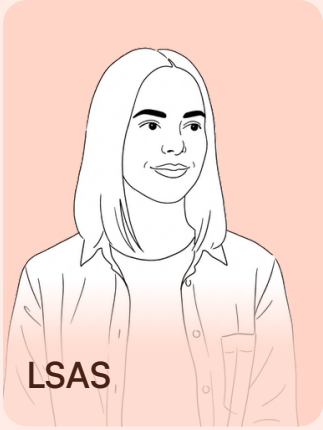


Liebowitz Social Anxiety Scale (LSAS)

This questionnaire is designed to assess social anxiety and avoidance in various social situations. It was developed by psychiatrist Michael Liebowitz to help diagnose social anxiety disorder and assess its severity. This tool allows clinicians to measure both anxiety and avoidance behaviors, thereby helping to guide treatment decisions and track patients' progress over time.

Number of questions	48 questions
Estimated duration	12 minutes
Language	English
Original name	Liebowitz Social Anxiety Scale
Target audience	Adolescents and adults
Authors	Michael Liebowitz (1987)
Category	Anxiety

Preview of the 48 questions

Making a phone call in public (Anxiety level)

None | Mild | Moderate | Severe

Making a phone call in public (Avoidance level)

Never | Occasional (0-33%) | Frequent (33-66%) | Habitual (67-100%)

Participating in a small group (Anxiety level)

None | Mild | Moderate | Severe

Participating in a small group (Avoidance level)

Never | Occasional (0-33%) | Frequent (33-66%) | Habitual (67-100%)

Eating in a public place (Anxiety level)

None | Mild | Moderate | Severe

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each question is rated on a scale from 0 (no anxiety/avoidance) to 3 (severe anxiety/avoidance). The total scores for anxiety and avoidance are added together to obtain a total score. A high score indicates greater social anxiety.

Are you a psychologist?

With Mentaal, get meaningful insights to support your patients.

- Standardized tests
- Automatic scoring
- Results sent by email

Try it for free | See all questionnaires

★★★★★

“I now use the platform every day, it's so comprehensive, reliable and remarkably easy to use.”

 Laura V. - Online Psychologist