KMSS

Kansas Marital Satisfaction Scale (KMSS)

The KMSS is a brief, widely used tool for assessing an individual's overall level of marital satisfaction. It is a simple and quick measure that can be included in a psychological assessment or in couples follow-up to quantify the satisfaction felt in the marital relationship.

Number of questions	3 questions
Estimated duration	2 minutes
Language	English
Original name	Kansas Marital Satisfaction Scale
Target audience	Adults, couples
Authors	Walter R. Schumm, Daniel J. Nichols, Russell E. Bollman, Gary W. Silliman (1983)
Category	Couple issues

Preview of the 3 questions

How satisfied are you with your marriage?

Extremely dissatisfied | Very dissatisfied | Somewhat dissatisfied | Mixed | Somewhat satisfied | Very satisfied | Extremely satisfied

How satisfied are you with your husband/wife as a spouse?

Extremely dissatisfied | Very dissatisfied | Somewhat dissatisfied | Mixed | Somewhat satisfied | Very satisfied | Extremely satisfied

How satisfied are you with your relationship with your husband/wife?

Extremely dissatisfied | Very dissatisfied | Somewhat dissatisfied | Mixed | Somewhat satisfied | Very satisfied | Extremely satisfied

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each item is rated on a scale from 1 (extremely dissatisfied) to 7 (extremely satisfied). The total score is the sum of the responses to the 3 items, ranging from 3 to 21; the higher the score, the greater the marital satisfaction.

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 Julie V. - Online Psychologist