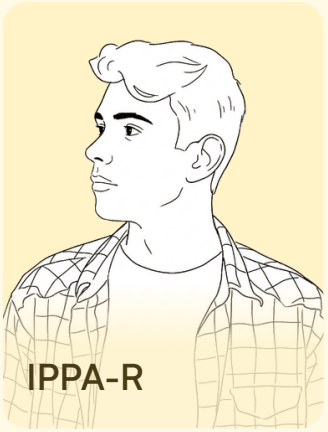


Inventory of Parent and Peer Attachment (IPPA-R)

The IPPA-R is a self-report questionnaire assessing adolescents' perceived quality of attachment to their parents and peers. It measures dimensions such as trust, communication, and alienation. This tool identifies young people's perspectives on the quality of their interpersonal relationships, which is useful in clinical assessment or in research on socio-emotional development.

Number of questions	75 questions
Estimated duration	15 minutes
Language	English
Original name	Inventory of Parent and Peer Attachment
Target audience	Adolescents, young adults (~12 to 20 years)
Authors	Armsden, G. C., & Greenberg, M. T. (1987)
Category	Parenting, Childhood

Preview of the 75 questions

My mother respects how I feel.

Almost never or never true | Not often true | Sometimes true | Often true | Almost always or always true

I think my mother does a good job as a mother.

Almost never or never true | Not often true | Sometimes true | Often true | Almost always or always true

I would like to have a different mother.

Almost never or never true | Not often true | Sometimes true | Often true | Almost always or always true

My mother accepts me the way I am.

Almost never or never true | Not often true | Sometimes true | Often true | Almost always or always true

I like hearing my mother's point of view on things that concern me.

Almost never or never true	Not often true	Sometimes true	Often true	Almost always or always true

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Responses are scored on a Likert-type scale (generally from 1 to 5). Each subscale (Trust, Communication, Alienation) is scored separately for the parent and for peers. A total score is calculated for each attachment figure, allowing an interpretation of the overall quality of the relationship.

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With Mentaal, get meaningful insights to support your patients.

- Standardized tests
- Automatic scoring
- Results sent by email

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★★★★★

“Skeptical at first, I now can't do without this tool in my practice.”

Elodie C. - CBT Psychologist