

Interpersonal Communication Inventory (ICI)

The ICI-80 is designed to assess interpersonal communication skills and effectiveness. It notably explores active listening, emotional expression, empathy, assertiveness, verbal and nonverbal communication, and conflict management. It makes it possible to identify a person's strengths and areas for improvement in their social and professional interactions.

Number of questions	80 questions
Estimated duration	15 minutes
Language	English
Original name	Interpersonal Communication Inventory
Target audience	Adolescents and adults
Authors	Millard J. Bienvenu Sr. (1969)
Category	General

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

ICI-80 scoring calculates an overall score by assigning 1 to 3 points per answer ("Often", "Sometimes", "Rarely/Never"). For positively worded questions, the highest score goes to the highest frequency, while this scale is reversed for negatively worded questions. The total number of points directly reflects the quality of the respondent's relational skills, with a high score indicating excellent communication effectiveness.

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“Mentaal has become an indispensable ally for structuring my assessments and deepening my clinical understanding of my patients.”

 Nolwenn P. - CBT Psychologist