HTQ

Harvard Trauma Questionnaire (HTQ)

The HTQ is a self-report questionnaire developed to measure exposure to traumatic events and assess the presence of posttraumatic stress symptoms, particularly in refugee and migrant populations. It includes a list of potentially traumatic events as well as a section assessing clinical symptoms.

Number of questions	40 questions
Estimated duration	20 minutes
Language	English
Original name	Harvard Trauma Questionnaire
Target audience	Adults, refugees, migrants
Authors	Mollica, R.F., Caspi-Yavin, Y., Bollini, P., Truong, T., Tor, S., Lavelle, J. (1992)
Category	PTSD

Preview of the 40 questions

How much has this symptom bothered you in the past week?

Recurrent thoughts or memories of the most hurtful or terrifying events

Not at all | A little | Quite a bit | Extremely

How much has this symptom bothered you in the past week?

Feeling as though the event is happening again

Not at all | A little | Quite a bit | Extremely

How much has this symptom bothered you in the past week?

Recurrent nightmares

Not at all | A little | Quite a bit | Extremely

How much has this symptom bothered you in the past week?

Feeling detached or withdrawn from people

Not at all | A little | Quite a bit | Extremely

How much has this symptom bothered you in the past week?

Unable to feel emotions

Not at all | A little | Quite a bit | Extremely

Scoring & interpretation

Responses are scored on a Likert scale (0 to 3 or 4 depending on the version). The total score is the sum or mean of the scores obtained on the symptom scale. Interpretive cutoffs help identify the likelihood of posttraumatic stress disorder. Clinical interpretation requires taking the person's cultural context into account.