EQCA

# Quebec Adaptive Behavior Scale (EQCA)

The EQCA is a questionnaire used to assess a person's level of autonomy and adaptation in daily life. It measures different domains such as communication, social skills, personal autonomy and practical skills, in order to better understand an individual's adaptive functioning. This test is used in particular to support the diagnosis of intellectual disability or neurodevelopmental disorders and to guide interventions and support plans.

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| Number of questions | 324 questions |
| Estimated duration | 70 minutes |
| Language | English |
| Original name | Échelle Québécoise des Comportements Adaptatifs |
| Target audience | People with disabilities |
| Authors | Diane Morin, Nathalie Tassé and Laurent Guay (2013) |
| Category | General |

## Scoring & interpretation

Behaviors are assessed in different domains such as communication, social skills and daily living. Each item is scored to identify the person's degree of autonomy.