DAS

Death Anxiety Scale (DAS)

Templer's Death Anxiety Scale (DAS) is a self-administered questionnaire that assesses the level of anxiety a person experiences about death. It is a widely used tool in clinical psychology and research to quantify the fear of death and to better understand the impact of this anxiety on the individual's psychological functioning.

Number of questions	15 questions
Estimated duration	5 minutes
Language	English
Original name	Death Anxiety Scale
Target audience	Adults
Authors	Donald I. Templer (1970)
Category	Anxiety

Preview of the 15 questions

I am very much afraid to die.

True False

The thought of death seldom enters my mind.

True False

It doesn't make me nervous when people talk about death.

True False

I dread to think about having to have an operation.

True False

I am not at all afraid to die.

True False

Scoring & interpretation

Each item is answered as true/false. The total score ranges from 0 to 15: a high score indicates a higher level of death anxiety. There is no precise clinical cutoff, but above-average scores may indicate clinically significant death anxiety.