CY-BOCS

Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS)

The CY-BOCS is a semi-structured clinical interview scale designed to assess the severity and types of obsessive and compulsive symptoms in children and adolescents. It makes it possible to measure symptom change before and after therapeutic intervention, clearly distinguishing frequency, intensity, interference, and resistance.

Number of questions	10 questions
Estimated duration	30 minutes
Language	English
Original name	Children's Yale-Brown Obsessive Compulsive Scale
Target audience	Children, adolescents
Authors	Wayne K. Goodman, Lawrence H. Price, Steven A. Rasmussen, Susan Riddle, Judith L. Scahill (1997)
Category	OCD, Childhood

Preview of the 10 questions

Do you feel an excessive or ritualized need to wash your hands (for example, taking a long time to wash, having to start over if you are interrupted, needing to follow the steps in a particular order)?

No Yes

Do you often check locks, your toys, your school things, or other objects (for example, to make sure they are properly closed or in their place)?

No Yes

Do you need to repeat certain everyday activities (for example, standing up and sitting down several times, going in and out of a room several times)?

No Yes

Do you feel the need to count things (for example, floor tiles, books on a shelf, your steps, words you read or say)?

No Yes

Do you have strong worries about dirt, germs, or certain illnesses (for example, fear of being contaminated by doorknobs or by other people)?

No Yes

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each item is rated on a scale from 0 to 4. The scores of the 5 obsession items (0-20) are added up, and likewise for the 5 compulsion items (0-20), to give a total severity score between 0 and 40. The higher the score, the more severe the symptoms.

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- Results sent by email

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