

Cannabis Use Disorders Identification Test (CUDIT)

The CUDIT is designed to identify cannabis use disorders by assessing the user's consumption over the past six months. It is a quick screening tool for assessing the extent of problematic use.

Number of questions	8 questions
Estimated duration	2 minutes
Language	English
Original name	Cannabis Use Disorders Identification Test
Target audience	Adults & adolescents
Authors	Adamson SJ, Kay-Lambkin FJ, Baker AL, Lewin TJ, Thornton L, Kelly BJ, Sellman JD. (2010)
Category	Addictions

Preview of the 8 questions

How often do you use cannabis?

Never | Monthly or less | 2-4 times a month | 2-3 times a week | 4 or more times a week

How many hours were you “stoned” on a typical day when you had been using cannabis?

Less than 1 | 1 or 2 | 3 or 4 | 5 or 6 | 7 or more

How often during the past 6 months did you find that you were not able to stop using cannabis once you had started?

Never | Less than monthly | Monthly | Weekly | Daily or almost daily

How often during the past 6 months did you fail to do what was normally expected from you because of using cannabis?

Never | Less than monthly | Monthly | Weekly | Daily or almost daily

How often in the past 6 months have you devoted a great deal of your time to getting, using, or recovering from cannabis?

Never | Less than monthly | Monthly | Weekly | Daily or almost daily

The full questionnaire (8 questions) is administered online on Mentaal.

Administer this questionnaire online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org

Scoring & interpretation

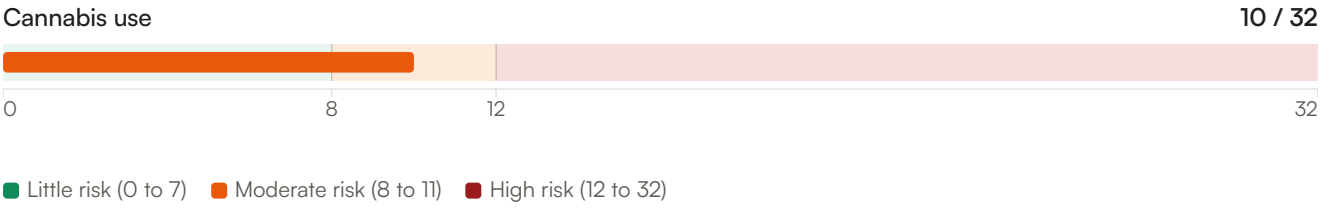
Automatic scoring with Mentaal

The scored results will be sent to you automatically as soon as your patient completes the questionnaire. Here's an example:

Scoring

Score: 10/32

0 — 7	Low use, little risk.
8 — 11	**Moderate risk, possible problematic use.** ◀ 10
12 — 32	High risk of cannabis dependence, calls for a more thorough assessment.



Each response is scored. The scores are summed, and a score above a predefined cutoff indicates a high probability of a cannabis use problem.