

Childhood Trauma Questionnaire - Children Version (CTQ)

The CTQ - Children Version is a self-report tool for detecting and quantifying traumatic experiences endured during childhood, including different forms of maltreatment and neglect. It is divided into several subscales assessing emotional, physical and sexual abuse, as well as emotional and physical neglect. This tool is used for both clinical and research purposes, to better understand the impact of early trauma in children.

Number of questions	28 questions
Estimated duration	10 minutes
Language	English
Original name	Childhood Trauma Questionnaire - Children Version
Target audience	Children, adolescents
Authors	Bernstein D.P., Fink L. (1997)
Category	PTSD, Childhood

Preview of the 28 questions

When I was growing up...

I didn't have enough to eat.

Never true | Rarely true | Sometimes true | Often true | Very often true

When I was growing up...

I knew that there was someone to take care of me and protect me.

Never true | Rarely true | Sometimes true | Often true | Very often true

When I was growing up...

People in my family called me things like "stupid," "lazy," or "ugly."

Never true | Rarely true | Sometimes true | Often true | Very often true

When I was growing up...

My parents were too drunk or high to take care of the family.

Never true | Rarely true | Sometimes true | Often true | Very often true

When I was growing up...

There was someone in my family who helped me feel that I was important or special.

Never true | Rarely true | Sometimes true | Often true | Very often true

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

The CTQ includes 5 subscales (emotional abuse, physical abuse, sexual abuse, emotional neglect, physical neglect) with scores ranging from 5 to 25 for each subscale, plus a minimization scale. Results are interpreted according to defined cutoffs, which make it possible to categorize the severity level of each form of trauma.

Usage

This tool isn't available on Mentaal. To use this questionnaire in your practice, you need a valid license. We invite you to send it directly from the publisher's website.

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“I now use the platform every day, it's so comprehensive, reliable and remarkably easy to use.”

 Laura V. - Online Psychologist