

CRAFFT Screening Test (CRAFFT)

The CRAFFT is a short screening tool, mainly used by health professionals to identify the risks related to substance use (alcohol, drugs) in adolescents. It aims to identify risk behaviors and to guide early intervention if needed.

Number of questions	6 questions
Estimated duration	5 minutes
Language	English
Original name	CRAFFT Screening Test
Target audience	Adolescents
Authors	John R. Knight, Lon Sherritt, Lydia Shrier, Sion Kim Harris, Grace Chang (1999)
Category	Addictions, Adolescent care

Preview of the 6 questions

Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs?

No Yes

Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?

No Yes

Do you ever use alcohol or drugs while you are by yourself, or ALONE?

No Yes

Do you ever FORGET things you did while using alcohol or drugs?

No Yes

Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?

No | Yes

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each question is scored 0 or 1 depending on the answer (yes/no). A score of 2 or more indicates a high risk of problematic substance use and suggests the need for an in-depth assessment.

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★★★★★

“It's a real plus in sessions to assess the patient, and a very rich basis for discussion to deepen the clinical work.”

Elodie C. - CBT Psychologist