CPGI

Canadian Problem Gambling Index (CPGI)

The CPGI is a self-report tool designed to screen for and measure the severity of problem gambling behaviors in the general population. It assesses the prevalence, impact, and severity of gambling habits in order to identify gamblers who are at risk or who have gambling-related disorders.

Number of questions	9 questions
Estimated duration	5 minutes
Language	English
Original name	Canadian Problem Gambling Index
Target audience	Adults
Authors	Rachel Volberg, Garry Smith, Harold Wynne (2001)
Category	Addictions

Preview of the 9 questions

Thinking about the last 12 months...

Have you bet more than you could really afford to lose?

Never | Sometimes | Most of the time | Almost always

Thinking about the last 12 months...

Still thinking about the last 12 months, have you needed to gamble with larger amounts of money to get the same feeling of excitement?

Never | Sometimes | Most of the time | Almost always

Thinking about the last 12 months...

When you gambled, did you go back another day to try to win back the money you lost?

Never | Sometimes | Most of the time | Almost always

Thinking about the last 12 months...

Have you borrowed money or sold anything to get money to gamble?

Never | Sometimes | Most of the time | Almost always

Thinking about the last 12 months...

Have you felt that you might have a problem with gambling?

Never | Sometimes | Most of the time | Almost always

Scoring & interpretation

Each question offers several answers ranging from “never” to “almost always” and is scored on a scale from 0 to 3. The total score ranges from 0 to 27. A score of 0 indicates no problem; 1 to 2, a low level of gambling-related problems; 3 to 7, a moderate level; 8 or more indicates a serious gambling problem.