

Children's Depression Inventory (CDI-2)

The CDI-2 is a self-report questionnaire used to measure the severity of depressive symptoms in children and adolescents. It allows professionals to detect, assess, and monitor depressive disorders in this population and facilitates the early identification of at-risk youth.

Number of questions	28 questions
Estimated duration	15 minutes
Language	English
Original name	Children's Depression Inventory
Target audience	Children, adolescents
Authors	Maria Kovacs (2011)
Category	Depression, Childhood

Preview of the 28 questions

Choose the sentence that describes your feelings and ideas over the past two weeks.

I am sad from time to time | I am sad very often | I am sad all the time

Choose the sentence that describes your feelings and ideas over the past two weeks.

Nothing will ever go well for me | I'm not sure everything will go well for me | Everything will go well for me

Choose the sentence that describes your feelings and ideas over the past two weeks.

I succeed at almost everything I do | I fail at a lot of things | I fail at everything

Choose the sentence that describes your feelings and ideas over the past two weeks.

Lots of things are fun for me | Few things are fun for me | Nothing is fun for me

Choose the sentence that describes your feelings and ideas over the past two weeks.

I am unpleasant all the time | I am often unpleasant | I am unpleasant from time to time

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Each item is scored from 0 to 2 (0 = absence of the symptom, 1 = symptom moderately present, 2 = symptom severely present). The total score ranges from 0 to 56. The higher the score, the greater the severity of depressive symptoms. Clinical cutoffs guide interpretation for screening, diagnostic confirmation, and monitoring.

Usage

This tool isn't available on Mentaal. To use this questionnaire in your practice, you need a valid license. We invite you to send it directly from the publisher's website.

Go to the publisher's website ›

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“I now use the platform every day, it's so comprehensive, reliable and remarkably easy to use.”

Julie V. - Online Psychologist