CAGE

CAGE Questionnaire (CAGE)

The CAGE questionnaire is a quick screening tool used mainly to identify people likely to have problematic alcohol use. It is widely used in various clinical settings and helps guide referral for a more in-depth assessment when needed. This tool is simple, short, and validated.

Number of questions	4 questions
Estimated duration	2 minutes
Language	English
Original name	CAGE Questionnaire
Target audience	Adults
Authors	John A. Ewing (1970)
Category	Addictions

Preview of the 4 questions

Have you ever felt you needed to cut down on your drinking?

Yes No

Have people annoyed you by criticizing your drinking?

Yes No

Have you ever felt guilty about drinking?

Yes No

Have you ever felt you needed a drink first thing in the morning (eye-opener) to steady your nerves or to get rid of a hangover?

Yes No

Scoring & interpretation

Each affirmative answer (Yes) to a question scores 1 point. A score of 2 or more suggests possible alcohol dependence and indicates the need for a more in-depth assessment.