CABI

Child and Adolescent Behavior Inventory (CABI)

The CABI is an observer-rated questionnaire completed by parents to identify and quantify a wide range of emotional, behavioral and functional difficulties in children and adolescents. The 2.0 parent version covers 11 domains that can be used together or separately: sluggish cognitive tempo, anxiety, depression, inattention, hyperactivity-impulsivity, oppositional defiant disorder, limited prosocial emotions, social impairment, peer rejection, social withdrawal and academic impairment. Its modular format, precise response anchors and short administration time make it a useful tool for clinical screening, initial assessment and progress monitoring.

Number of questions	79 questions
Estimated duration	10 minutes
Language	English
Original name	Child and Adolescent Behavior Inventory
Target audience	Parents of children/adolescents
Authors	G. Leonard Burns, SoYean Lee, Mateu Servera, Keith McBurnett, Stephen P. Becker (2012)
Category	Adolescent care, Childhood

Preview of the 79 questions

Rate how often the child showed each behavior during the past month.

Behavior is slow (sluggish)

Almost never (never or about once per month) | Seldom (about once per week) | Sometimes (several times per week) | Often (about once per day) | Very often (several times per day) | Almost always (many times per day)

Rate how often the child showed each behavior during the past month.

Lost in a fog

Almost never (never or about once per month) | Seldom (about once per week) | Sometimes (several times per week) | Often (about once per day) | Very often (several times per day) | Almost always (many times per day)

Rate how often the child showed each behavior during the past month.

Stares blankly into space

Almost never (never or about once per month) | Seldom (about once per week) | Sometimes (several times per week)

Often (about once per day) | Very often (several times per day) | Almost always (many times per day)

Rate how often the child showed each behavior during the past month.

Drowsy or sleepy (yawns) during the day

Almost never (never or about once per month) | Seldom (about once per week) | Sometimes (several times per week)

Often (about once per day) | Very often (several times per day) | Almost always (many times per day)

Rate how often the child showed each behavior during the past month.

Daydreams

Almost never (never or about once per month) | Seldom (about once per week) | Sometimes (several times per week)

Often (about once per day) | Very often (several times per day) | Almost always (many times per day)

Scoring & interpretation

Score each item according to the anchor shown on the form. Parts 1 to 7 are scored from 0 to 5. Parts 8 to 11 are scored from 0 to 4. Preferably, calculate a mean score for each subscale by dividing the total points by the number of items completed, which makes it easier to compare domains of different lengths. Higher scores indicate more difficulties for all subscales, except part 7 on limited prosocial emotions, whose items describe prosocial behaviors and must therefore be reverse-scored to obtain a severity score. Interpretation is done subscale by subscale, taking into account the clinical context, cross-referenced observations and, if available, age and sex norms. The questionnaire is intended for screening and monitoring, not for diagnosis on its own.