C-SSRS

Columbia-Suicide Severity Rating Scale (C-SSRS)

The C-SSRS is a structured clinical assessment tool designed to measure the severity, intensity and course of suicidal thoughts and behaviors. It enables psychologists to identify and monitor suicide risk in their patients, and to guide clinical decision-making according to the level of severity detected.

Number of questions	10 questions
Estimated duration	10 minutes
Language	English
Original name	Columbia-Suicide Severity Rating Scale
Target audience	Adults and adolescents
Authors	Kelly Posner, David Brent, Maria Ornstein, Patrick Oquendo, J. John Mann, Barbara Stanley (2008)
Category	General

Preview of the 10 questions

Have you wished you were dead or wished you could go to sleep and not wake up?

1. Wish to be dead

Yes No

Have you actually had any thoughts of killing yourself?

2. Non-specific active suicidal thoughts

Yes No

Have you been thinking about how you might do this?

3. Active suicidal ideation with any methods (not plan) without intent to act

Yes No

Have you had these thoughts and had some intention of acting on them?

4. Active suicidal ideation with some intent to act, without specific plan

Yes No

Have you started to work out or worked out the details of how to kill yourself? Do you intend to carry out this plan?

5. Active suicidal ideation with specific plan and intent

Yes No

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Responses are coded according to the presence, frequency and intensity of suicidal ideation and behaviors. The scale distinguishes ideation (5 items) from behaviors (5 items), and each response helps classify the risk into different levels of severity, from 'none' to 'high'. High scores indicate an increased risk requiring prompt clinical intervention.

Are you a psychologist?

With Mentaal, get meaningful insights to support your patients.

- Standardized tests
- Automatic scoring
- Results sent by email

Try it for free

See all questionnaires

★★★★★

“I now use the platform every day, it's so comprehensive, reliable and remarkably easy to use.”

Laura V. - Online Psychologist