

Bulimia Test (BULIT)

The BULIT is a self-report questionnaire used to screen for bulimia nervosa. It measures eating behaviors, attitudes, and concerns about weight control.

Number of questions	36 questions
Estimated duration	10 minutes
Language	English
Original name	Bulimia Test
Target audience	Adolescents and adults
Authors	Smith, Thelen (1984)
Category	Eating disorders

Scoring & interpretation

Each response is scored on a scale, and the total scores are compared against cutoff thresholds to determine the likelihood that bulimia is present.

Usage

This tool isn't available on Mentaal. To use this questionnaire in your practice, you need a valid license. We invite you to send it directly from the publisher's website.

Go to the publisher's website