ASI

Attachment Style Interview (ASI)

The Attachment Style Interview (ASI) is a semi-structured interview designed to assess adult attachment styles, focusing on interpersonal experiences and support networks. It provides a detailed assessment of attachment security based on current social interactions, perceived support, and current relationships.

Number of questions	40 questions
Estimated duration	60 minutes
Language	English
Original name	Attachment Style Interview
Target audience	Adults
Authors	Antonia Bifulco, Patricia M. Moran, Catherine Ball, Odette Bernazzani (2002)
Category	Interpersonal issues

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

Interview responses are transcribed and scored by a trained rater using a standardized grid. Ratings are based on the quality of social support and on behaviors revealing secure, preoccupied, dismissing, or fearful attachment styles. An overall score and an attachment profile are generated.

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