APQ

Alabama Parenting Questionnaire (APQ)

The APQ is designed to assess various aspects of parenting practices, including parental involvement, supervision, positive discipline, inconsistent discipline, and monitoring. Several versions exist, including a child self-report version, a parent version, and an adolescent version. The tool is frequently used to assess the links between parenting and behavioral disorders.

Number of questions	42 questions
Estimated duration	10 minutes
Language	English
Original name	Alabama Parenting Questionnaire
Target audience	Parents of children/adolescents
Authors	Paul J. Frick (1991)
Category	Parenting

Preview of the 42 questions

You have a friendly talk with your child.

Never | Almost Never | Sometimes | Often | Always

You let your child know when he/she is doing a good job with something.

Never | Almost Never | Sometimes | Often | Always

You threaten to punish your child and then do not actually punish him/her.

Never | Almost Never | Sometimes | Often | Always

You volunteer to help with special activities that your child is involved in (such as sports, boy/girl scouts, church youth groups).

Never | Almost Never | Sometimes | Often | Always

You reward or give something extra to your child for obeying you or behaving well.

Never | Almost Never | Sometimes | Often | Always

Scoring & interpretation

Each item is rated on a Likert scale (usually from 1 to 5). Scores are summed by subscale (Involvement, Supervision, Positive Discipline, Inconsistent Discipline, Monitoring). Results should be interpreted against the available norms, which makes it possible to identify strengths and difficulties in parenting practices.