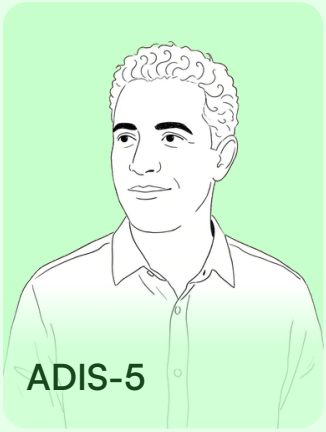


Anxiety and Related Disorders Interview Schedule for DSM-5 (ADIS-5)

The ADIS-5 is a benchmark semi-structured diagnostic interview used by psychologists and other clinicians to assess anxiety disorders and related disorders according to DSM-5 criteria. It allows an in-depth exploration of symptoms, differential diagnosis, comorbidities, avoidance, subjective distress and functional impact. Widely used in specialized clinical practice and in research, this tool helps establish reliable diagnoses, prioritize clinical problems and guide treatment decisions. Its modular structure allows the administration to be tailored to the symptoms present, which makes it a particularly relevant instrument for the comprehensive assessment of anxiety disorders in adults.

Number of questions	120 questions
Estimated duration	90 minutes
Language	English
Original name	Anxiety and Related Disorders Interview Schedule for DSM-5
Target audience	Adults
Authors	Timothy A. Brown, David H. Barlow (2014)
Category	Anxiety

Preview of the 120 questions

Panic disorder section:

Concern about future attacks

0 - None | 1 | 2 - Mild | 3 | 4 - Moderate | 5 | 6 - Severe | 7 | 8 - Very severe

Panic disorder section:

Situational avoidance

0 - None | 1 | 2 - Mild | 3 | 4 - Moderate | 5 | 6 - Severe | 7 | 8 - Very severe

Panic disorder section:

Interoceptive sensitivity/avoidance

0 - None | 1 | 2 - Mild | 3 | 4 - Moderate | 5 | 6 - Severe | 7 | 8 - Very severe

Panic disorder section:

Safety signals

0 - None | 1 | 2 - Mild | 3 | 4 - Moderate | 5 | 6 - Severe | 7 | 8 - Very severe

Panic disorder section:

Distraction

0 - None | 1 | 2 - Mild | 3 | 4 - Moderate | 5 | 6 - Severe | 7 | 8 - Very severe

Administer your questionnaires online

Send your patient a link: they answer from their phone or computer, and you receive the scored results by email.

View the questionnaire on mentaal.org ›

Scoring & interpretation

The clinician conducts a semi-structured interview, checks the DSM-5 diagnostic criteria for each disorder explored and assigns a Clinician Severity Rating (CSR) from 0 to 8. A CSR of 4 or higher is generally considered to indicate a clinically significant disorder. Interpretation is based on the presence of the criteria, symptom intensity, chronicity, avoidance, functional impairment and comorbidities. The number of questions varies according to the modules administered.

Usage

This tool isn't available on Mentaal. To use this questionnaire in your practice, you need a valid license. We invite you to send it directly from the publisher's website.

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 Laura V. - Online Psychologist